

STANDARDMIDDAGAR



MÅNDAG

TISDAG

ONSDAG

TORSDAG

FREDAG

LÖRDAG

SÖNDAG

A

B

C

STANDARDMIDDAGAR



MÅNDAG

TISDAG

ONSDAG

TORSDAG

FREDAG

LÖRDAG

SÖNDAG

A

B

C

D

STANDARDMIDDAGAR



MÅNDAG

TISDAG

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FREDAG

LÖRDAG

SÖNDAG

A

B

C

D

E

STANDARDMIDDAGAR



MÅNDAG

TISDAG

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FREDAG

LÖRDAG

SÖNDAG

A

B

C

D

E

F

VECKA A

MIDDAGAR

FÖRBEREDELSE

HANDLARLISTA

	MIDDAGAR	FÖRBEREDELSE	HANDLARLISTA			
M		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
Ti		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
O		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
To		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
F		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
L		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
S		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____

VECKA B

MIDDAGAR

FÖRBEREDELSE

HANDLARLISTA

	MIDDAGAR	FÖRBEREDELSE	HANDLARLISTA			
M		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
Ti		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
O		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
To		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
F		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
L		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
S		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____

VECKA C

MIDDAGAR

FÖRBEREDELSE

HANDLARLISTA

	MIDDAGAR	FÖRBEREDELSE	HANDLARLISTA			
M		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
Ti		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
O		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
To		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
F		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
L		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
S		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____

VECKA D

MIDDAGAR

FÖRBEREDELSE

HANDLARLISTA

	MIDDAGAR	FÖRBEREDELSE	HANDLARLISTA			
M		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
Ti		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
O		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
To		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
F		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
L		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
S		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____

VECKA E

MIDDAGAR

FÖRBEREDELSE

HANDLARLISTA

M		[] _____ [] _____ [] _____	[] _____ [] _____ [] _____ [] _____ [] _____ [] _____	[] _____ [] _____ [] _____ [] _____ [] _____ [] _____
Ti		[] _____ [] _____ [] _____	[] _____ [] _____ [] _____ [] _____ [] _____ [] _____	[] _____ [] _____ [] _____ [] _____ [] _____ [] _____
O		[] _____ [] _____ [] _____	[] _____ [] _____ [] _____ [] _____ [] _____ [] _____	[] _____ [] _____ [] _____ [] _____ [] _____ [] _____
To		[] _____ [] _____ [] _____	[] _____ [] _____ [] _____ [] _____ [] _____ [] _____	[] _____ [] _____ [] _____ [] _____ [] _____ [] _____
F		[] _____ [] _____ [] _____	[] _____ [] _____ [] _____ [] _____ [] _____ [] _____	[] _____ [] _____ [] _____ [] _____ [] _____ [] _____
L		[] _____ [] _____ [] _____	[] _____ [] _____ [] _____ [] _____ [] _____ [] _____	[] _____ [] _____ [] _____ [] _____ [] _____ [] _____
S		[] _____ [] _____ [] _____	[] _____ [] _____ [] _____ [] _____ [] _____ [] _____	[] _____ [] _____ [] _____ [] _____ [] _____ [] _____

VECKA F

MIDDAGAR

FÖRBEREDELSE

HANDLARLISTA

	MIDDAGAR	FÖRBEREDELSE	HANDLARLISTA			
M		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
Ti		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
O		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
To		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
F		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
L		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____
S		[] _____ [] _____ [] _____	[] _____	[] _____	[] _____	[] _____